

# Volunteer Group Options



## **Ronald McDonald House** 935 E. South Temple, Salt Lake City, UT

### **Adopt a Meal Groups**

Gather your friends, family, co-workers, civic organization or faith group, or anyone who would love to plan, prepare and serve a meal for pediatric patient families staying at our Ronald McDonald House. Its great team building and our guests love to come home to a delicious home-cooked meal after a long day at the hospital. Volunteer groups can be consist of 5-15 people. Well behaved and supervised children welcome. All food must be prepared on-site or purchased commercially.

Have you always wanted to be a chef for the day? We need you! Our up to date adopt a meal calendar and meal preparation instructions can be found on [www.ronaldmcdonaldhouseutah.org](http://www.ronaldmcdonaldhouseutah.org) under "Get Involved." You can select a meal and date that works for you!

### **Ambassadors of Fun**

Make fun matter and spread the joy! Gather your friends, family, co-workers, faith group or civic organization and host a princess and pirate party, themed carnival, holiday party, craft night, game night, science night, or movie night with popcorn and treats in our theatre room. Use your imagination and creativity to come up with other ideas. You can offer families memorable time together when they need it most. *Customized monthly schedule.*

### **Pampering Teams**

Help us give families respite and renewed strength by organizing and leading a yoga class; offer chair massages, haircuts, pedicure and manicures, etc. Gather your co-workers or friends and share your professional skills to pamper our families. *Customized monthly schedule.*

### **Story Time & Cookie Team**

Gather one or two friends and prepare warm cookies and milk, sit by the fire and read bedtime stories for our youngest guests in Great Room. Do you love reading out loud and storytelling? What about cookies ? You're going to love this job!  
(1 hour shift) 8pm-9:00pm — *Weekly or Monthly*

### **Seasonal Volunteer Crew**

Gather friends, family, co-workers, civic organization or faith group to sign up for a seasonal outdoor clean up: leaf raking, weeding, flower and vegetable planting, painting and holiday decorations; or come inside to clean, organize, decorate and spruce up the Ronald McDonald House. Seasonal cleanups are great for large groups of 15-20! *Schedules are customized quarterly.*

## **Ronald McDonald Family Room at Intermountain Primary Children's Hospital**

100 N Mario Capecchi Dr, Salt Lake City, UT

### **Adopt a Meal**

Gather your friends, family, co-workers, civic organization or faith group, or anyone who would love to plan, prepare and serve a meal for pediatric patient families in the Ronald McDonald Family Room in Primary Children's Hospital. Its great team building and our guests love to come home to a delicious home-cooked meal after from a long day at the hospital. The kitchen can handle volunteer groups of 5-10 people. Well behaved and supervised children welcome (pending hospital regulations). All food must be prepared on-site or purchased commercially. Our up to date adopt a meal calendar and meal preparation instructions can be found on [www.ronaldmcdonaldhouseutah.org](http://www.ronaldmcdonaldhouseutah.org) under "Get Involved." You can select a meal and date that works for you!

*To receive additional information regarding individual opportunities, please email or call our amazing Volunteer & Outreach Director Kacie at [kacie@rmhslc.org](mailto:kacie@rmhslc.org) or 801-363-4663.*