

Volunteer Individual Options



Ronald McDonald House 935 E. South Temple, Salt Lake City, UT

Front Desk Volunteer

Greet guests and visitors, answer phones, host tours, gather items as requested by guests for use, including but not limited to food bins, lock boxes, board games, etc., conduct room checks, tidy up and file, create welcome packets, wash lanyards, sort and organize donations. Shuttle driving optional for volunteers 21 and older. Weekly 3 hour shifts available.

Hospitality Desk Volunteer

Welcome guests, distribute activity passes, assist with guest birthdays and special events, host activities including but not limited to crafts, games, movies, provide guests with resources (maps, directions, activity details, etc.) Option of being trained as a therapy dog refresher. Get formally trained as one of our handlers, sanitize toys, keep inventory of treats and food, enjoy cuddles and love with our Chief Pawsitivity Officer, Ollie. Weekly 3 hour shifts available.

Kitchen Host

Stock kitchen items, organize pantries and drawers, check food dates, purge, organize, and restock food in fridges and freezers, sanitize dishes and kitchen surfaces and help keep the kitchen sparkling clean, welcome Adopt-a-meal groups, bake cookies and cupcakes, assist with cooking and repurposing leftovers. Weekly, monthly, and sporadic shifts available.

Inspiration Station Volunteer

Organize, clean, and inventory items in inspiration room. Lead craft projects, prepare crafts on the go, make sure room is tidy and well kept. Bring different forms of art to the house and charity from drawing, to dance, music to collaging, and beyond. Weekly 3 hour shifts available.

House Helper

Clean windows, vacuum and dust common areas, stuff guest welcome bags, organize and stock craft room, organize and clean storage and magic rooms, tidy up courtyard, load and fold laundry. The heroes of the house, enjoys attacking germs and making things sparkle. Weekly, monthly, and sporadic shifts available.

Administrative Projects & Community Events Volunteer

Assist with administrative tasks in our operations, programs, and development departments, work directly with staff on special project needs. Set up for events in the community, assist staff with preparation for large events like the Golf Tournament, and Spirit of Children Gala. Assist with holiday and event mailings. Attend events in the community like street fairs, and farmers market to spread the word about RMHC. Sporadic shifts available.

Ronald McDonald Family Room at Intermountain Primary Children's Hospital

100 N Mario Capecchi Dr, Salt Lake City, UT

Front Desk Volunteer

Welcome guests, answer phones, host tours, keep the space tidy and neat, bake goodies, change sheets and make beds after daytime guest naps. Weekly 4 hour shifts available.

Family Room Helper

Clean windows, vacuum and dust common areas, organize cabinets and drawers, deep clean and/or tidy up the kitchen. Weekly 2 hour shifts available.

Volunteer positions at the Family Room located inside Primary Children's hospital require completing both RMHC's volunteer process as well as the hospital volunteer process.

To receive additional information regarding individual opportunities, please email or call our amazing Volunteer & Outreach Director Kacie at kacie@rmhslc.org or 801-363-4663.